



Menu for October 2017


Jack P. Nix Elementary School
Robbie Walden, Manager



Monday, October 2

Corndog
Cuban Sandwich
Broccoli
with Cheese
Black-Eyed Peas
Tossed Salad

Tuesday, October 3

Chicken Nuggets
Ham and Cheese
Sandwich
Mashed Potatoes
Green Peas
Roll
Tossed Salad

Wednesday, October 4

Cheesy
Breadsticks
with Marinara
Sauce
Hotdog
Queso
Cheese Pasta
Green Beans
Coleslaw

Thursday, October 5

Dominos Cheese
Pizza
Dominos
Pepperoni Pizza
Broccoli Cheese
Soup
Corn
Tossed Salad
Fruit Ice
Cookie

Friday, October 6

Chicken
Sandwich
Sloppy Joes
Baked Beans
Potato Wedges
Tossed Salad

Monday, October 9

Steak Fingers
with Gravy
Deli Wrap
Rice
Broccoli with
Cheese
Roll
Tossed Salad

Tuesday, October 10

Chicken Fajita
Nachos
Chicken
Quesadilla
Pinto Beans
Corn
Tossed Salad
Pudding

Wednesday, October 11

General Tso's
Chicken
with Rice
Ribeque
Breaded Veggie
Sticks
Diced Carrots
Tossed Salad

Thursday, October 12

Cheese Pizza
Pepperoni Pizza
Grilled Cheese
Sandwich
Tomato Soup
Green Peas
Veggie Dippers

Friday, October 13

No school

AVAILABLE DAILY

Salads and Fruit available daily with lunch.

Breakfast Items include: Biscuit or Choice of Entrée, Cereal, Muffins, Assorted Fruits and Juices, and Choice of Milk.

Morning Snack Packs are available in the hall for those students who choose to not eat in the Cafeteria.

Daily Milk Choices include 1%, fat free chocolate and strawberry milk.


Full Meal Prices: Breakfast free, Lunch: \$1.90, reduced price \$0.40

School Staff: Breakfast \$1.50, Lunch \$3.25

Visitors: Breakfast \$1.50, Lunch \$3.50

Menu subject to change due to availability.

This institution is an equal opportunity provider.



Monday, October 16

Chicken Alfredo
Corndog
Green Beans
Glazed Carrots
Texas Toast

Tuesday, October 17

Taco Tuesday

Tacos
Cheese
Quesadilla
Pinto Beans
Corn
Salsa/Lettuce/
Tomatoes

Wednesday, October 18

Chicken Tenders
Yogurt Plate
Lima Beans
Macaroni and
Cheese
Tossed Salad
Roll

Thursday, October 19

Dominos Cheese
Pizza
Dominos
Pepperoni Pizza
Deli Sandwich
Potato Smiles
Corn
Veggie Dippers

Friday, October 20

**Chisolm
Family Day**

BBQ on Bun
Cheesy
Breadsticks with
Marinara Sauce
Oven Fries
Baked Beans
Tossed Salad



An apple a day keeps the doctor away!

Monday, October 23

Chicken Strips
with Gravy
Yogurt Plate
Mashed Potatoes
Green Peas
Tossed Salad
Biscuit

Tuesday, October 24

Chili
Hotdog
Baked Potato
Broccoli
with Cheese
Carrot Coins

Wednesday, October 25

Chicken
Parmesan
Turkey Sandwich
on Ciabatta
Roasted Potatoes
Corn
Roll
Tossed Salad

Thursday, October 26

Cheese Pizza
Pepperoni Pizza
Chicken and
Cheese Burrito
Queso
Cheese Pasta
Green Beans
Tossed Salad

Friday, October 27

**Beckman
Family Day**

Hamburger
Chicken Sandwich
Baked Beans
Potato Wedges
Sandwich Fixings



Monday, October 30

Southern BBQ
Chicken
Sandwich
Macaroni and
Cheese
Green Beans
Roll

Tuesday, October 31

Spaghetti
Mini Corndogs
Broccoli
Carrot Coins
Texas Toast
Tossed Salad
Cake

National School Lunch Week
October 9-13, 2017

#NSLW17
#schoollunch
#recipesforsuccess